



Undergraduate Program of Food Hygiene and Nutrition Major (4 Years)

1. Orientation

This program intends to meet the social need for professional personnel in the field of Chinese medicine-related nutrition. It will enable students to grasp the fundamental skills and knowledge on basis of medicine, clinical medicine and nutrition & food hygiene.

2. Main Courses

- Basis of nutriology
- Population-based nutrition
- Community-based nutrition
- Clinical nutrition
- Food hygiene
- Food inspection and analysis
- Food toxicology
- Normal somatology
- Basis of diseases
- Basis of clinical medicine
- Basis of Chinese medicine
- Chinese herbal formulae
- Chinese medicated diet
- Principles and practice of marketing

3. Teaching Methods

These include on-the-spot teaching, case studies, investigation, food processing and cooking practice and internship in food hygiene supervision agencies. The community-based investigation and dissemination on nutrition knowledge will enhance the students' awareness to obtain health-related information and knowledge on diet and nutrition. The graduation field work will enable students to apply their knowledge on nutrition to nutritional therapy, public education, and nutritional diet design, combination and processing for relevant diseases.

4. Graduation and Academic Degree

A Bachelor of Medical Science will be awarded upon completion of

- Required credits of all courses in the teaching scheme
- General points average (GPA)
- Pass of all examinations
- New HSK-5 \geq 180 (excluding those of Chinese origin)

5. Future Career Development

After graduation, students may conduct evaluation, management and instruction for dietary nutrition in healthcare institutions, food hygiene supervision agency, food processing and distribution factories, and schools. Alternatively, they may engage in education and research on enriched food, along with food hygiene supervision and inspection as well as nutrition counseling.

6. Eligibilities



- High school diploma, General Certificate of Education Advanced Level
- New HSK4 \geq 180
- Applicants emigrating from mainland China, Hong Kong, Macao or Taiwan must hold a valid foreign citizenship for no less than 4 years and a record of residency in the country for no less than 2 years in the most recent 4 years.

7. Fee

- Application fee: 450 RMB
- Tuition fee: 28000RMB per year
- Purchase fee for textbooks
(Students can purchase textbooks according to their needs)

8. Application Documents

- High school diploma, A-Level transcripts
- HSK certificate
- Copy of the passport
- Invoice of the application fee
- Certificate of Non-Criminal Record
- Statement of Financial Support
- ID Photo:

Rename: Passport Name (English)

Background Color: Blue or White

Pixel: \geq 300 pixels/inch

Other Requirement: Bareheaded

9. Scholarships

- Chinese Government Scholarship
- Shanghai Municipal Government Scholarship
- University scholarships